

“The Birth of Baby Jesus”...



FROM THE GOSPEL ACCORDING TO – LUKE - :

“And Joseph too went up...to Judea, to the city of David that is called Bethlehem, ...to be enrolled with Mary, his betrothed, who was with child. While they were there, the time came for her to have her child, and she gave birth to her firstborn son. She wrapped him in swaddling clothes and laid him in a manger...”
(Luke 2:4-7)¹

MEDITATION ON THE MYSTERY:

In this mystery, we ask for the great grace to be ever more docile, courageous, humble, and patient, like St. Joseph and the Blessed Virgin Mary; and to be little, poor, luminous, and wise “children,” like the Divine Child Jesus! (cf. *SLC*, p. 112)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to patience, St. Claude la Colombière says: *“Impatience is demonstrated with the tongue, with the changes of one’s countenance, and with the movements of one’s heart. Patience moderates the unruliness of these three parts: it binds the tongue with silence, composes the countenance with tranquility, and calms the heart with sweetness.”*

(CLAUDIO LA COLOMBIERE, *Il libro dell’interiorità*, a cura di G. Mucci, Città Nuova, Roma 1992, p. 128, unpublished translation by *pfs gm*)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...